



JKA 社団法人 日本空手協会
JAPAN KARATE ASSOCIATION



6th Baltic Open J.K.A. Championship in Latvia

Time and place: 06.05.2012. Jelgava,
Sports hall, 44a Matera St., Jelgava, Latvia.

Registration time: 9 a.m. – 10 a.m. Competition starts at 10:00 a.m.
Fees: competitor fee – 15 euro for one category.

Kata:

Girls:

- 8-9 yrs
- 10-11 yrs
- 12-15 yrs
- 16+ yrs

Boys:

- 8-9 yrs
- 10-11 yrs
- 12-15 yrs
- 16+ yrs

Shohu-nihon kumite:

Girls:

- 8-9 yrs
- 10-11 yrs
- 12-13 yrs
- 14-15 yrs
- 16+ yrs

Boys:

- 6-7 yrs -25 kg : +25 kg
- 8-9 yrs -28 kg : -35 kg : +35 kg
- 10-11 yrs -35 kg : -40 kg : +40 kg
- 12-13 yrs -45 kg : +45 kg
- 14-15 yrs -60 kg : +60 kg
- 16+ yrs -70 kg : -80 kg : +80 kg

Attention!

The seminar will be on the 4th and 5th May 2012

Adress: Jelgava, the Jelgava sports hall, 44a Matera St.

4th May 2012, 6 – 7:30 p.m.

THEME: Tactics and kumite conducting at competitions by J.K.A. rules

5th May 2012, 10:30 – 12:00 a.m. (-3 kyu)

THEME: KIME in karate, fighting combinations in karate.

5th May 2012, 12 – 1:30 p.m. (+3 kyu)

THEME: Preparation for examination on the 1st DAN.

5th May 2012, at 1:30 p.m. – EXAMINATION

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